# Kempsford

(with Whelford, Dunfield and Dudgrove)

# Parish Newsletter OCTOBER 2022

# Gifts & More Craft Fair



Organised by Kempsford and Whelford PCC
Raising funds to support the church in the community and to improve facilities at our churches for services, community events and celebrations.

# KEMPSFORD PARISH COUNCIL

Clerk: Teresa Griffin, Winterwood, Whelford, Fairford, Glos. GL7 4EB Tel: 01285 713691 Email: clerk@kempsfordparishcouncil.net

#### www.kempsfordparishcouncil.net

Parish Councillors	Email	Tel.
Mr Mark Strange (Chair)	markstrange@kempsfordparishcouncil.net	01285 810635
Mr Tony Williams (Vice -Chair)	tonywilliams@kempsfordparishcouncil.net	01285 810628
Mrs Christine Nugent	christinenugent@kempsfordparishcouncil.net	01285 810306
Mr Philip Nickson	philnickson@kempsfordparishcouncil.net	07801 295331
Mrs Karen Saunders	karensaunders@kempsfordparishcouncil.net	01285 713155
Mr John O'Connell	johnoconnell@kempsfordparishcouncil.net	01285 810512
Mr Neil Green	neilgreen@kempsfordparishcouncil.net	07745193925

#### PARSIH COUNCIL & OTHER MEETING DATES

Tuesday 18th October 2022 at 7.45pm, Kempsford Village Hall
Tuesday 15th November 2022 at 7.45pm, Kempsford Village Hall
Tuesday 20th December at 7.45pm, Kempsford Village Hall

#### **NOVEMBER 2022 NEWSLETTER**

Copy for the above Newsletter to Teresa Griffin by

#### **MONDAY 24TH OCTOBER 2022 PLEASE**

Email: clerk@kempsfordparishcouncil.net

### Flood Defence

We have witnessed a long dry and exceptionally hot summer and ground water remains low, hose pipes bans still in place and the despite recent rain surface absorption is inhibited.

Whilst the Met Office estimate our annual rainfall will broadly remain the same they have warned us to expect these longer periods of dry weather followed by the potential for short sharp torrential downpours. We don't think anyone should ignore the risk of flash flooding and insurance companies are still reporting increased claims from what they call 'Surface Water Flooding'.

The best form of flood defence is prevention and we can all help each other protect our villages. We have mentioned before in heavy rain up to 600 gallons of water an hour can run from the roof so it is vitally important that drains and gutters are clear of leaves and other debris. Any spillage contributes to surface water and the risk of flooding yourselves or neighbours.

The Parish Council continues to work with the County Councillor and other stakeholders to seek professional advice on flood prevention but what is clear is we all have a part to play. If you are concerned water may enter your home there are plenty of easy to store 'floodsax' available on line along with flood prevention tips from the Environment Agency. Well worth a few minutes of your time.



Different types available on line or from local stockists. If you're concerned be prepared.

### **Kempsford Craft Club**

meets 1-3pm at Kempsford Village Hall Come along and bring your crafts all welcome

£3.00 per session to include refreshments. Next sessions are Thursday 6th and 20th October



### KEMPSFORD VILLAGE HALL CAFÉ Thursday 13<sup>th</sup> October 12 – 2pm

Come and try our Homemade Soups and Breads
Delicious Cakes
Fresh Coffee and Speciality Teas

All welcome
If you haven't been before you're missing a treat!

Kempsford Village Hall Committee are pleased to report that £67.00 was raised from cupcake sales at the Fete and as we stated previously, the decision was made by the committee, in view of recent events, to donate this sum to one of the Queen's favourite charities. It was decided to donate this sum to

"The British Red Cross" as she supported this charity all through her reign.

Thank you for your support.

#### Kempsford Village Hall booking for the month

	Sunday	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
AM		10:00 - 11:00 <b>Pilates</b> Rona Bennett 01865 820754					
PM		15:30 - 16:30 Rainbows Caroline Gooch		17:30 - 18:30 Youth Club (Term time only)	12:00 - 14:00 Post Office Monthly Café (Café 2nd Thurs of the month)		
			20:00 - 21:30 Village Hall Meeting (monthly, 2nd Tuesday)		15:30 - 17:00 <b>Brownies</b> Philippa Griffin 01285 810754/ 0779 3562704		
Evening	20:00 - 21:00 Yoga Charlie McKenna		19:45 - 21:45 Parish Council Meeting (monthly, 3rd Tuesday)				

#### **CAN YOU HELP?**

KEMPSFORD VILLAGE HALL urgently needs new committee members due to the 'retirement' of some long-standing members. Can you spare a few hours a month? Do you have ideas for new village events or fundraising? If so please contact one of us - email infokempsfordvillagehall@kempsford.net.

KEMPSEORD VILLAGE HALL COMMITTEE MEMBERS

Luke Fry, Bookings Secretary \*Kathy Woodward, Secretary \*Amy Durban, Health & Safety Karen Saunders, Parish Council Rep \*Jo Colson, Treasurer Louise Jeffrey, Safeguarding Louise Edwards

\* Denotes Trustee

To contact any Committee Member email infokempsfordvillagehall@kempsford.net

New members are always welcome!

<sup>\*</sup>Hannah Dickens, Chair

Rev Kim Brown

#### ST MARY'S KEMPSFORD WITH ST ANNE'S WHELFORD

Contact details for the parish

Rev Kim Brown - 01285 810954 or revkimbrown10a@gmail.com
Lay Preacher - Rob Mitchell 01285 712821
Church wardens: Elizabeth Emberson dizzylizzie@sky.com
or Keith Howlett - 01285 712268 churchwarden@kempsford.net
or there is a Facebook page The 5 Villages

As our period of national mourning for Queen Elizabeth draws to a close, what a time it has been for our nation and the world. We have witnessed pageantry and ceremony on a grand scale, and seen The Queue snake around London as so many people were drawn to pay their respects in person. All our village churches have opened books of condolence and held services of thanksgiving for Queen Elizabeth. So many people have expressed their gratitude for what she gave us as a nation.

The Queen drew strength from her faith in Jesus Christ, as was so clearly stated in her funeral service, and it is to him we can pray for our new King and our new Prime Minister, as the hard work of tackling the difficult issues of the day begins. The Bible urges us to 'pray for all kings and leaders,' for they create the conditions under which we live our daily lives. Let's take that seriously in the days and weeks ahead, as these are difficult days for us all.

It seemed good to go ahead with the Kempsford village fete, so we could draw together as a community during this sad time. It was a great comfort to be with others and see people come together.

As discussed here last month, plans are well underway for our Long Table Community Meal in our school hall and the first two dates are Monday 26<sup>th</sup> Sept and Monday 3<sup>rd</sup> October. Please do come along, to strengthen our ties and eat together.

The first sitting will be from 3.30pm – 4.30pm for families **who'd like to come** straight from school and there will be chi**ldren's activities. Then the** next sitting will be from 5.30-7pm, all are welcome to this meal.

Do invite your neighbours and anyone who is alone. It would be great if you could let us know if you are planning to come, so we know how much food to cook, on 01285 810954 / revkimbrown10a@gmail.com

Payment for the meal is by donation, so please bring some cash, but there is no set charge. Pay what you can, or what you'd like to. The first menu is Spaghetti Bolognaise with garlic bread, followed by apple crumble and cream.

I look forward to seeing you there! Love Rev Kim

#### St Mary's, Kempsford with St Anne's, Whelford

**Church Services** 

Sunday 2 October	9.30 am Kempsford	Holy Communion
Sunday 9 October	8.30 am Whelford	Holy Communion
	9.30 am Kempsford	Service of the Word
		Choral Evensong
	5 00 pm Kempsford	
Sunday 16 October	9.30 am Whelford	Holy Communion
	4.00 pm Kempsford	Family Service
Sunday 25 September	9.30 am Kempsford	Holy Communion and Harvest Festival
Friday 28 October	7.00 pm Kempsford	All Souls service
Sunday 30 October	9.30 am Kempsford	5 <sup>th</sup> Sunday Joint service for the 5
		Villages

Dates for your diary

**Don't miss the Long Table community meal in the School Hall Monday 26**<sup>th</sup> Sept & Monday 3<sup>rd</sup> **October, 3.30pm for families after school, 5.30pm for everyone. See Vicar's letter for** details.

Morning Prayer via The 5 Villages Facebook page, weekdays at 8am.

St Mary's is open every day, St Anne's is open on Fridays, for prayer and reflection.

Thank you for your continued generous donations to the Food bank. Collection boxes are in place in the porches at both St Mary's and St Anne's and are emptied regularly. Items that are particularly in short supply at the moment are: Sweets & chocolate, jam, peanut butter, marmite spreads, breakfast bars, sponge puddings, custard, and longlife large juice cartons.

Forward date your diaries:

Sunday 13 November at 4 pm Taizé by candle and firelight at Jenners Barn

#### TEAMS4U CHRISTMAS BOXES

Once again we will be filling shoeboxes for this charity to send to deprived families in Eastern Europe. Boxes can be collected from Rosemary Andrews: call or text 07765 258839. Alternatively, if you want just to donate a few items (which must be new) for a box, you can leave them in a crate in the porch area of Kempsford church.

Donations of £3 to cover the transportation cost of each box are welcomed.

At St. Mary's Saturday 5 November 10 am till midday: come and join us in filling boxes from donations. Refreshments will be provided.

Final day for delivery to central warehouse is 8 November so all boxes need to be back to Rosemary Andrews by then.



#### The cost of living crisis

Here at Citizens Advice Stroud and Cotswold Districts we are seeing an increase in demand for our services as a result of the cost of living crisis. Over the last three months we have seen a 92% increase in requests for charitable help from the same period last year, with people seeking help with food, fuel or hardship fund payments.

Whilst the Energy Price Guarantee announced on the 8<sup>th</sup> September comes as a huge relief to households, energy bills are still very high. In winter 2021, the energy price cap was set at £1,277 for typical use. The new Price Guarantee starting on 1 October for households on typical use will be £2,500 a year.

We are very concerned about how vulnerable residents will cope this autumn and winter when temperatures drop and they need to turn their heating on. We have already advised clients on prepayment meters who do not have enough credit to run medical equipment that relies on electricity; clients who cannot afford to heat their water; parents who are skipping meals to feed their children and pensioners unable to afford their fuel bills. In our largely rural districts, many residents rely on oil for heating and hot water and we have been contacted by people who cannot afford the cost of the minimum order.

#### What to do if you are worrying about money

Our national Citizens Advice website (<u>www.citizensadvice.org.uk</u>) has lots of useful advice and tools to help you.

We would suggest 1. working out your budget and think about where you might be able to make savings. Look at the debt guidance too if you have any debts; 2. contact your energy supplier to see what help they can offer; 3. check if you might be entitled to any benefits such as Universal Credit, Council Tax Support, Pension Credit or disability benefits. You can use online benefit calculators such as Turn2Us, Entitledto or Policy in Practice; 4 make sure you have received any cost of living payments that you are entitled to including the council tax rebate if you are in a council tax Band A-D property.

You can access email advice through our local website (<a href="https://www.citizensadvice-stroudandcotswold.org.uk/">https://www.citizensadvice-stroudandcotswold.org.uk/</a>) under the Get Help section.

If you cannot access the internet please call us on our freephone number **0808 800 0510** to access advice.

If you are really struggling and don't have enough food to eat you can call the Trussell Trust Help through Hardship Helpline on **08082 082138**.

Please do ask for help – we understand that these are worrying times.



# FRIENDS OF FAIRFORD & LECHLADE COMMUNITIES Serving Fairford, Lechlade and the surrounding villages. (Formerly League of Friends of Fairford Hospital)



#### News and Information from your Community Friends

#### QUIZ AND CHILLI NIGHT

14<sup>th</sup> October: Round up a team and get your brain into gear for an evening of fun! Enjoy a delicious homemade chilli too. Fairford Community Centre, doors open 19:30, quiz starts at 20:00. Teams of 6 - 8 people, £10 per person (includes chilli meal). Contact Kerry on <a href="mailto:admin@friendsoffairford.org.uk">admin@friendsoffairford.org.uk</a> or 01285 707300.

#### **FESTIVE CRAFT FAIR**

27<sup>th</sup> November: The return of our annual Craft Fair and Raffle. A host of small local business stalls offering festive delights, light refreshments and homemade cakes. Some stalls are available – contact Val on 07540 798226 or transport@friendsoffairford.org.uk to book a table.

#### CAN YOU HELP US?

We are seeking volunteers to help us in our Lechlade Charity Shop and as volunteer drivers for our Patient Transport Service. If you can spare a few hours a week, please do get in touch: Charity Shop: call Linda on 01367 252189, email shop@friendsoffairford.org.uk or pop in to speak to a member of the team.

Patient Transport: Val Harvey on 07540 798226 or transport@friendsoffairford.org.uk.

#### LUNCH CLUBS

We hope to bring back our lunch clubs for the elderly towards the end of the year, to provide a meal and social interaction for those at risk of loneliness or isolation. If you know somebody that would benefit from this, or would be able to volunteer to help, please get in touch to be added to our interest list: Contact Kerry on admin@friendsoffairford.org.uk / 01285 707300.

#### PRESCRIPTION SERVICE

The Friends of Fairford and Lechlade Communities are offering a free prescription delivery service in our local area. If you, or anyone you know, is entitled to free prescriptions but is unable to collect them, please call or email our patient transport coordinator who can provide more information: Val Harvey on 07540 798226 or transport@friendsoffairford.org.uk.

#### BEREAVEMENT CAFÉ

Run by the Friends of Fairford and Lechlade Communities Nursing Team. A drop in café for anyone that has suffered a loss and would like to talk. First Friday of every month in The Heritage Room, Fairford Community Centre, 10:00 to 12:00. No booking required. Donations welcome. If you have any questions, please call 07938244335 or email admin@friendsoffairford.org.uk

If you would like to make a donation you can do so online through our website <a href="www.friendsoffairford.org.uk">www.friendsoffairford.org.uk</a> or by sending cheques made out to 'Friends of Fairford' and posting to Friends of Fairford & Lechlade Communities Charity Shop, Lloyds Chambers, High Street, Lechlade, Glos GL7 3AE.

Information on what we do can be found on our website www.friendsoffairford.org.uk and the names of our existing team of trustees are listed on the Charity Commission's website.

Shelley Welsh, Chair, Friends of Fairford & Lechlade Communities (Reg. Charity No. 1180059)

## Why I joined the League of Friends / Friends of Fairford and Lechlade Communities

My name is Iain Manchée, my wife and I now live in Lechlade having moved here as a result of her job circa 2011. We have been together for 32 years (married for 28) since we met on the Isle of Wight at a country music festival just after I had left the Royal



Navy following 10 years of service. My wife says that volunteering is my full-time job as, for the last 12 years, I have been supporting Wiltshire Search & Rescue and South West Ambulance Trust, as a Community First Responder and latterly the League of Friends. I was recently awarded the Platinum Jubilee Medal for Voluntary Service this year and consider it a privilege to be able to help where I can.

I am not the most gregarious of people and having moved around so much with my wife's career, and being a forces veteran, I was finding it hard to settle down and had become withdrawn. This was exacerbated when, in early 2015, our dog Max, passed away leaving a big hole in my life. Just after this event, I saw the League of Friends advert seeking drivers and, as I enjoy driving and wanted to get involved with the local community, I felt that this could be an ideal match. Driving for the Charity has enabled me to make new friends and stopped me from becoming isolated and further withdrawn from society. Over the years, I have met many wonderful people and enjoyed many a diverse conversation, particularly on the longer drives. I have come to realise that I am helping others in the same way the League has helped me as I am one of the few visitors some of my clients have on a regular basis.

On average I spend around 20 hours a week volunteering for the League; having completed well over 1000 drives in the 7 years that I have been doing the role. I have also supported door to door collections, sold cards and have taken on the role of driver coordinator when required.

When not volunteering I enjoy walking our rescue dog Ellie, decorating, gardening, woodworking, cross stitch, listening to a variety of music and making novelty cakes for friends & family.



Round up a team for an evening of fun!

NIGHT

Friday 14th Oct

**Fairford Community** Centre Doors open at 7:30pm Quiz starts 8:00pm

£10

per person (includes Chilli )

Teams of





To register or for further information

admin@friendsoffairford.org.uk 01285 707300

#### Village Organisations & Useful Contacts

	3 3		
Vicar	Rev Kim Brown	revkimbrown10a@gmail.com	01285 810954
Church Wardens	Keith Howlett	churchwarden@kempsford.net	01285 712268
	Elizabeth Emberson	dizzylizzy@sky.com	
Church Choir	Mrs Cathy Stanford		713033
Church Bells	Iris Lewis		810770
Kempsford School	Mr Richard Mendum	(Head Teacher)	810367
Chairman of School Governors	Darren Jeffrey	chair@kempsford.gloucs.sch.uk	810875
Farmors School	Mr Matthew Evans (Head)		712302
Kempsford Village Hall Bookings	Luke Fry	vill age hall bookings@kemps for d.net	
Whelford Village Hall & bookings	Sue Griffin	374croft@gmail.com	712979
Kempsford Brownies	Philippa Griffin	https://www.girlguiding.org.uk/	
Cricket	Anthony Axel-Berg		07766222951
Royal British Legion	Mr A Hill		810035
Scottish & Southern Electricity		Reporting of power cuts	105
			0800 072 7282
Thames Water			0800 316 9800
Non-emergency Police Contact			101
NHS 111 Service		(when less urgent than 999)	111
Environment Agency	Floodline-0845 9881188	General Enquiries -	03708 506 506
Bulk Refuse	(phone to book)		01285 623000
Highway Matters & Street Light Faults	GLOUCESTERSHIRE	highways@gloucestershire.gov.uk	08000 514 514
	WILTSHIRE	northernhighways@wiltshire.gov.uk	0300 456 0105
Kempsford Hand Bell Team (Beaubells)	Iris Lewis		01285 810770
Cotswold District Councillors	Steve Trotter	Steve.trotter@cotswold.gov.uk	07710 405323
	Stephen Andrews	Stephen.andrews@cotswold.gov.uk	01285 719924
Cotswold District Council			623000
Gloucestershire County Council			01452 425000
		Out of hours Social Care issues only	01452 614194
Gloucestershire County Councillor	Mr Dom Morris	Dominic.morris@gloucestershire	.gov.uk
			07500894702
Constituency MP	Sir Geoffrey Clifton Brown	cliftonbrowng@parliament.uk	01242 514551
Parish Council Clerk	Mrs Teresa Griffin	teresagriffin@kempsfordparish	0781 8626158
(see Parish Council page for Councillors)		Council.net	
Newsletter items	Mrs Teresa Griffin	As above	0781 8626158
Kempsford Website		www.kempsford.net	
Kempsford Parish Council Website		www.kempsfordparishcouncil.net	





